

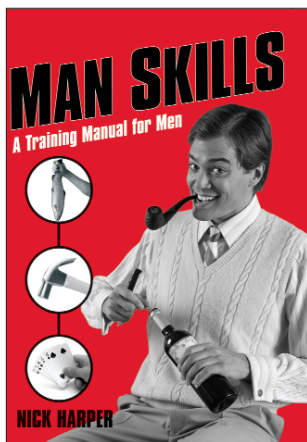
Man Skills

A Training Manual For Men

by Nick Harper

Publication: November 2006, £9.99, hardback

Featuring a MAN-SIZED selection of skills to make a bloke a bit less crap, including how to:
Communicate With Morse Code • Fight a Raging Fire • Tie a Tie (or bow tie for poncey types) •
Navigate by the Stars • Survive in Jail • Dive Like Tarzan • Make a Bow and Arrow • Undo A Bra
(with one hand) • Write a Best Man's Speech • Talk Knowledgeably About Wine • Perform the
Heimlich Manoeuvre • Dump A Girl The Gentlemanly Way • Pitch A Tent • Stage Dive



Like many men, **Nick Harper** could send an email, download music and set the video (sort of), but life's proper skills, the ones your dad knows, were a complete mystery to him. Enlisted to help with some DIY by his father-in-law one Sunday morning, it became alarmingly apparent to both parties that there was no way he was going to be able to plumb a washing machine without the aid of divine intervention. Especially not with him holding the wrench upsidedown. It was at that moment that he decided he needed to research and write this book.

So, for every man who would struggle when faced with changing a nappy or plucking a pheasant properly (and every woman who wants a 'real' man), this is the manual you've been waiting for. With great wit and no little ingenuity, it will have you cracking coconuts and fighting fires like the inner James Bond you are.

About the Author

Nick Harper is a tall journalist with a light beard. He writes for Men's Health, The Guardian, Q and FHM and is the features editor of FourFourTwo. Nick is available for interview and features.

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