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Publication date:
February 2009

*'The
people's
Nancy'*



MICHAEL O'MARA BOOKS LTD

www.mombooks.com

For information contact:

Sarah Sandland
Senior Publicity & Sales Executive
020 7819 5917
sarah.sandland@mombooks.com

or

Jo Wickham
Publicity & Marketing Executive
020 7819 5944
jo.wickham@mombooks.com

Jodie Prenger *It's A Fine Life*

- The autobiography of Jodie Prenger, winner of the BBC's *I'd Do Anything* and weight-loss programme *The Biggest Loser*, and soon-to-be star of the West End show *Oliver!*
- On 2nd June 2008, Jodie was crowned the people's Nancy, beating thousands of other hopefuls to secure the lead role in Cameron Mackintosh's West End production
- Jodie's inspirational story reveals how she shed an incredible eight stone in six months and went on to realize her singing dream
- At her heaviest, aged twenty-seven, Jodie weighed 18 st 2 lb and wore size 26 clothes. She lost almost half of her total body weight and shrank to a size 10
- Jodie, a former agony aunt, used her £25,000 prize money from *The Biggest Loser* to run a series of successful weight-loss weekends to assist others in achieving their target size
- Published to coincide with Jodie's run in *Oliver!*. The show is currently sold out until July

To find out more about Jodie visit her website:
www.jodieprenger.tv

Media Opportunities

- Serial and extract rights are available
- Jodie is available for interview
- Celebrity agony aunt feature
- Weight - loss feature
- Reader discount offers
- Competition prize copies available