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Creating beautiful pictures, filled with lots of detail and colour, can be a calming activity. Kids can settle down with this gorgeous book for some relaxing down time. Children can chill out by colouring snoozing foxes, peaceful mountains and graceful birds, or let their imagination wander over swirling patterns and doodles. There are no complicated instructions and they won't need any special equipment, only pens, pencils and their own creativity are needed to enjoy this charming book.

For more information, please contact:

Becky McCarthy | Publicity and Marketing Assistant becky.mccarthy@mombooks.com | 0207 819 5917







@OMaraBooks