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A Victorian Lady's Guide to Life

Elspeth Marr, edited by Christopher Rush

Keynote

In this delightful and engagingly eccentric treasury of life lessons, redoubtable Victorian Elspeth Marr (1871–1947) reflects on the fundamental topics of life as well as the nuts and bolts of everyday living.

Description

In this delightful and engagingly eccentric treasury of life lessons, redoubtable Victorian Elspeth Marr (1871–1947) reflects on the fundamental topics of life as well as the nuts and bolts of everyday living.

Part journal, part commonplace book, among many gems you will find enlightenment and advice on everything from Dreams to Garlic; Patriotism to Wrinkles.

Written throughout her life but only discovered after her death, by her great-great nephew, Christopher Rush, Elspeth's (known as Aunt Epp) journal was never intended for publication but her style of writing and the subject matter she covers nonetheless reaches a universal audience. Not afraid to put forth views on the big topics – religion, evolution, and ethical issues – she also tackles the nuts and bolts of living – food, sex and health.

Vital, refreshingly frank and always amusing, *A Victorian Lady's Guide to Life* provides a wealth of sound advice.

Sales Points

- A delightful collection of life lessons from a bygone era – many of which still have resonance today
- Full of wit and erudition
- Sometimes shockingly frank – always very progressive for her day – with forthright opinions on gender, politics, sex, organized religion and literature
- From chastity to keeping copper kettles clean, and a myriad of home remedies, this book covers a truly eclectic range of subjects

Reviews

- 'Genuinely funny.' - *Washington Post*
- 'A Victorian lady with a sassy style ... [Aunt Epp's advice is] shockingly frank and filled with amusing anachronism.' - *The New Yorker*

Author Biography

Christopher Rush (editor) is an award-winning Scottish writer and, for thirty years, a teacher of Literature in Edinburgh. He is Elspeth Marr's great-great-nephew. His books include *Hellfire and Herring* and *A Twelvemonth and a Day*.