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Help! I'm a Granny

Flic Everett

Description

But I'm too young to be a granny! An essential collection of entertaining yet handy advice for all new grandmothers.

After your children move out of the family home, you can finally look forward to enjoying life after parenthood. Or can you?

When your offspring unexpectedly start to have children of their own, you may have to face up to the 'G' word at the same time as being catapulted back into a new cycle of nappies, baby alarms and toddler tantrums ...

With easy-to-navigate sections and practical lists with step-by-step instructions, *Help! I'm a Granny* is the ideal reference for grans who have had to relearn all those tricky parenting skills and acquire new ones for the Internet age. Learn everything from texting your first baby pictures to coping with competitive mums at the nursery gates and from how to Skype a bedtime story to what to do when you never learned to knit.

Sales Points

- A compilation of entertaining yet handy advice and true stories from grans who have had to relearn all those tricky parenting skills and acquire new ones for the Internet age
- Clearly labelled, easy-to-navigate sections with practical lists and step-by-step instructions, ideal for quick reference
- Learn how to cope with seeing your son or daughter become a parent, and the trauma of being called Granny, Nan or Gam-Gam for the very first time
- Features informative sections, including how to survive the first year without getting in the way, a refresher on basic childcare, long-distance grandparenting advice and more
- From the publishers of *The Mums' Book* (over 150,000 copies sold) and *The Grannies' Book* (over 47,000 copies sold)

Reviews

- 'An invaluable companion... laid out in easy-to-navigate sections with practical lists, true stories, quizzes and instructions. A great gift for any soon-to-be grandparents' - *Inside the Wendy House*
- 'Packed with no-nonsense but humorous advice on everything from which of the rules you can bend, to the trauma of being called the G-word for the first time' - *Prima Baby and Pregnancy*

Author Biography

Flic Everett is an experienced columnist, journalist and radio presenter. She spent 15 years as the agony aunt for *Company Magazine* and the *Mirror*, and knows all there is to know about family relationships. She has written for many national newspapers and magazines, including the *Guardian*, the *Sun*, the *Daily Mail*, the *Express*, *The Times*, *Elle*, *Men's Health*, *Cosmopolitan*, *Marie Claire* and *Good Housekeeping*.

Michael O'Mara.

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