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## Rural London Discover the City's Country Side

**Kate Hodges**

### Keynote

With colour photographs, short descriptions setting the scene and visiting details for each entry, this guide to rural London provides plenty of ideas and inspiration for places to visit and things to do, with something here for everyone.

### Description

**London is a wonderful city, but sometimes the hustle and bustle, noise and grime, can get too much and you feel the need for some peace and quiet, clean air and nature. But there's no need to flee to the countryside, as London has so many surprisingly 'rural' areas and activities to offer.**

With everything from beautiful gardens and country walks, to cosy pubs and nature reserves, *Rural London* will help you to discover a very unexpected side of the capital city. Discover the best farmers markets, watch some Morris dancing and visit a country show. Take a stroll around London's villages, go bird-spotting and take some time out in a beautiful park.

With colour photographs, short descriptions setting the scene and visiting details for each entry, this guide to rural London provides plenty of ideas and inspiration for places to visit and things to do, with something here for everyone.

### Sales Points

- Kate Hodges has over twenty years' writing experience, has previously published two books on London and has written for publications including *The Guardian* and *NME*, and edits and writes the newsletter *Hopscotch*, a guide to family activities in London
- *Rural London* is full of ideas for you to feel you are escaping the busy city, but without having to leave it
- Full of activities and places to visit for everyone, including city farms, country shows, foraging, outdoor swimming, nature reserves, farm shops, buildings, gardens, pubs and villages
- Includes full-colour photographs, short descriptions setting the scene and visiting details for each entry

### Reviews

- 'the perfect book for Londoners and visitors alike who crave a bit of greenery and a good walk through some of the capitals's hidden spots' - *Red Online*

### Author Biography

Kate Hodges graduated from the University of Westminster with a BA in Print Journalism. She has over 20 years' writing experience on magazines, having been a staffer on publications including *The Face*, *Bizarre*, *Just Seventeen*, *Smash Hits*, *The Green Parent* and *Sky*, and written for many more, including the *Guardian*, *Kerrang!* and *NME*. She has also worked for Rapido TV, makers of cult show *Eurotrash*, and P For Production films. Since June 2012, she's edited, researched and written the weekly *Hopscotch* newsletter, a guide for families to the best cheap, fun things happening in London.

She has twins, Arthur and Dusty, and lives in St Leonards-on-Sea. In her spare time, she plays in bands including Ye Nuns, and The Hare and Hoofe.

Michael O'Mara.

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