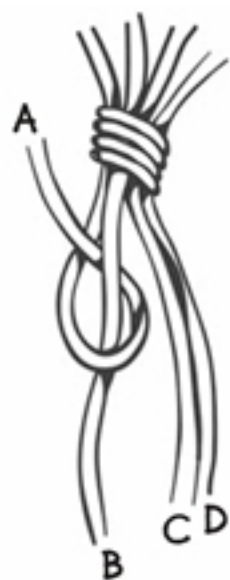


HOW TO MAKE A FRIENDSHIP BRACELET

These make great gifts to swap with your friends. Start by practising with four or five strands of thread. Once you've got the hang of it, you can use as many different threads as you like to make really colourful, chunky bracelets.



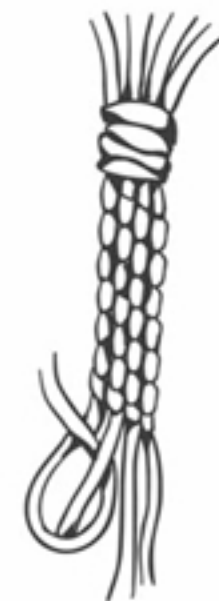
1. Choose four strands of yarn or embroidery thread in different colours, each about 60cm (24in) long. Bind them together with a knot at the top. Tape the knotted end to something to secure the bracelet while you work – try the back of a chair.



2. Take the first thread on the left (thread A) and wrap it over and around thread B to make a knot, as shown above. Hold thread B so that it is taut when you do this and make sure the knot is tight. Repeat this to make a double knot.



3. Still using thread A, make a double knot around thread C, and then finally around D. When you have completed the first row, thread A will be on the right and thread B (the next thread you will be working with) will be on the left.



4. Repeat steps two and three with thread B, then C, and then D. Then start with A again. When your bracelet is long enough to go around your wrist, tie the ends together in another firm knot. To wear it, tie the two knotted ends together around your wrist.

