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## The Manly Man's Handbook Everything a Real Man Needs to Know

Nick Harper

### Description

Modern man may know how to send an email, play games on his phone and moisturize occasionally, but when it comes to life's proper skills – the ones that all dads and granddads seem to know off by heart – he is left scratching his head and feeling useless. However, luckily help is at hand. *The Manly Man's Handbook* does exactly what it says on the cover and will teach you all the essential skills you need to show off your manliness and feel a bit less rubbish. Learn practical skills such as how to fix a dripping tap, carve a Sunday roast and rugby-tackle a thief; show off your masculinity by ripping a phone book in half and winning an arm wrestle; and reveal your sensitive side by learning how to hold a baby properly and mastering the basic dance steps.

Covering all of the vital yet often overlooked skills required of the modern-day male, this man-sized selection of skills will leave you feeling strong, confident – and manly.

### Sales Points

- A humorous guide to mastering all the necessary manly skills and feeling a bit less useless
- The perfect gift for men who lack such indispensable knowledge as how to build a fire, skim a stone or navigate by the stars
- Includes tips and wisdom from such manly men as firemen, stunt doubles, athletes and rally drivers
- From the author and publishers of *Man Up!* (over 18,000 copies sold)

### Author Biography

Nick Harper is a freelance writer who has worked for all manner of fine publications down the years, from the *Guardian* and *Men's Health* to *Q*, *FHM* and *FourFourTwo*. He has written *Man Skills*, *Man Up!* and *If It's Broke, Fix It* for Michael O'Mara. He is about so high, sports a beard that is a confusing mix of brown, ginger and grey, and has spent the last five years raising twin boys with his wife. Hence the grey. He is tired but very happy.