

Why We Think the Things We Think: Philosophy in a Nutshell

Alain Stephen

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Have you ever been asked if the glass is half full or half empty? Do you wonder what true happiness is or how to attain it? Or maybe nothing really matters if everything is just an illusion or a dream?

These ideas are some of the central questions of philosophical enquiry that have engaged, troubled and exasperated some of the greatest minds throughout the history of human civilization, provoking argument and debate in an attempt to broaden the horizons of human thought. Author Alain Stephen seeks to explore some of these key questions by tracing their origins in the writings of prominent thinkers through the ages, from the colonnades of ancient Greece to the intellectual salons of twentieth-century France, and show how these ideas and concepts have developed over time.

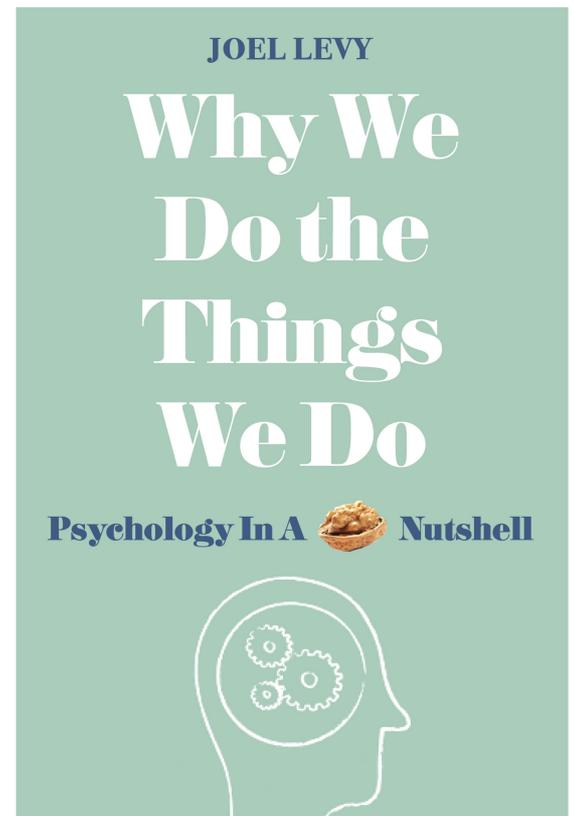
Why We Do the Things We Do: Psychology in a Nutshell

Joe Levy

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What does a memory look like? Can a machine think? Why are some people shy? Is it better not to feel so much?

The complex workings of the mind have fascinated mankind for centuries, but the key theories of psychology are often so complicated that it is almost impossible for the casual reader to understand. In *Why We Do the Things We Do*, Joel Levy unlocks the important studies and theories in a series of simple questions and answers that shine new and uncomplicated light on the important aspects of psychology. This book will demystify the key questions by tracking their origins in the writings of some of the most prominent thinkers in various fields, showing how these ideas and concepts have developed over time.



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