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## 10-Minute Brain Games Logic and Reasoning

Dr Gareth Moore

### Keynote

Put your brain to the test with over 150 brain games that get steadily more challenging as you progress through the book. Give your problem-solving skills and lateral thinking a real workout and have some fun.

### Description

Why should kids have all the fun? With the bestselling *Brain Games for Clever Kids* in the charts, Dr Gareth Moore turns his hand to creating a similarly entertaining and interactive range of brain game puzzle books for adults!

Put your brain to the test and have some fun with over 150 brain games that get steadily more challenging as you progress through the book.

Puzzles featured range from battleships to Hanjie, mild sudoku to some fiendish variations, logic puzzles that test your powers of concentration as well as your puzzle-solving skills, binary puzzles, slitherlink and much more besides. With space for you to record how long it took you to complete each puzzle, with these brain games it is easy to track your progression – and if you're really stuck you can have a quick look at the solutions at the back.

Give your problem-solving skills and lateral thinking a real workout and have some fun.

### Sales Points

- Over 150 brand new brain games for adults
- Follows on from the bestselling *Brain Games for Clever Kids*
- Complete the timed puzzles and check your progress as you go
- Improve your mental agility

### Author Biography

Dr Gareth Moore (B.Sc (Hons) M.Phil Ph.D) is the internationally best-selling author of a wide range of brain-training and puzzle books for both children and adults, including *Anti-stress Puzzles*, *Ultimate Dot to Dot*, *Brain Games for Clever Kids*, *Lateral Logic* and *Extreme Mazes*. His books have sold over a million copies in the UK alone, and have been published in 29 different languages. He is also the creator of online brain-training site [BrainedUp.com](http://BrainedUp.com), and runs the daily puzzle site [PuzzleMix.com](http://PuzzleMix.com).