



Publication date **Thursday, August 16, 2018**  
 Price **£9.99**  
 ISBN-13 **9781910552964**

Binding **Hardback**  
 Format **185 x 135 mm**  
 Depth **16mm**  
 Extent **128 pages**  
 Word Count **20000 words**  
 Illustrations **40 b/w line illustrations**

Territorial Rights **World**  
 In-House Editor **Nicki Crossley**

## Live More Sloth Slow Down, Chill Out and Live in the Sloth Lane

Tim Collins (Illustrated By Luka Va)

### Keynote

Get ready to live the sloth life. *Live More Sloth* is a collection of wisdom that reminds us all to relax, hang in there and smile, no matter what life throws at you.

### Description

**The no-sweat approach to self-care from nature's expert: the sloth.**

Get ready to channel nature's most relaxed animals and turn your perspective upside-down. There's a lot to be said for taking it easy and our sloth friends are experts at finding their *superchill*. Learn how to **slow down, be present** and **forget the small stuff** as you follow the slothly path to enlightenment.

Celebrating the art of slow and bringing together their philoslothopy for living a **happy life**, *Live More Sloth* is a collection of wisdom that reminds us all to hang in there and smile, no matter what life throws at you.

Start living your best life today, by the way of the sloth.

### Sales Points

- As we know, sloths and llamas are everywhere! This will be a complimentary title to our hilarious life guru, *The Dolly Llama*
- The content will contain four key messages: *How to Build your Sloth-confidence*; *The Art of Slow*; *Turning your Perspective Upside-down*; and when it gets really tough, learning to *Hang in There*
- Each chapter will offer easy-to-follow tips to apply in your everyday life, and coupled with inspirational quotes throughout. This is real self-help from nature's original expert: the sloth!
- We have a fantastic creative team on board: comedy writer Tim Collins, the author of *The Wimpy Vampire* among others, as well as Luka Va, a brilliant illustrator whose company, The Surfing Sloth, sells a range of greetings cards, prints and other illustrative goods through Etsy

### Author Biography

#### Tim Collins (Author)

Tim Collins is originally from Manchester, but now lives in London. He is the author of over thirty books including *Wimpy Vampire*, *Cosmic Colin* and *Dorkius Maximus*. His books have been translated into over thirty languages and he has won awards in the UK and Germany.

#### Luka Va (Illustrator)

Born in Lithuania, Luka Va now resides in sunny Australia where she enjoys making people smile with her artwork. She is the founder of the brand, The Surfing Sloth, which creates original and quirky illustrations which have been turned into greetings cards, prints and accessories around the world. Her work can be found at [www.surfingsloth.com.au](http://www.surfingsloth.com.au).

Michael O'Mara Books.

[www.mombooks.com](http://www.mombooks.com)



**Sales Office:** Michael O'Mara Books, 9 Lion Yard, Tremadoc Road, London, SW4 7NQ  
**Tel:** 02077208643

**Orders to:** Hely Hutchinson Centre, Milton Road, Didcot, OX11 7HH  
**Tel:** 01235 759 555  
**International Tel:** +44 1235 759 555