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An Apple A Day Old-Fashioned Proverbs and Why They Still Work

Caroline Taggart

Description

Does absence really make the heart grow fonder? Can beggars be choosers? Is it always better late than never?

Proverbs are short, well-known, pithy sayings that offer advice or words of encouragement and are used in everyday English without much thought ever being given to their meanings, or indeed, usefulness. In *An Apple A Day* Caroline Taggart explores the truth behind our favourite proverbs, their history and whether they offer any genuine help to the recipient. Did you know that The Old Testament has an entire book devoted to proverbs? Or that 'a bird in the hand is worth two in the bush' is a proverb from falconry that dates back to the Middle Ages? Many proverbs are still in use today, including the very famous 'slow and steady wins the race', which derives from one of the many fables of Aesop. Lighthearted but authoritative, *An Apple A Day* proves that proverbs are as useful today as they ever were.

Sales Points

- A fascinating look into everyday proverbs, their origins, uses and why they actually make sense, or don't...
- Featuring all the best-known phrases, from 'Never judge a book by its cover' to 'A stitch in time saves nine' and 'A little learning is a dangerous thing' to 'Every cloud has a silver lining'
- Written by the bestselling author of *I Used to Know That* and co-author of *My Grammar and I*
- This paperback edition follows on from the successful hardback edition, which has sold over 49,000 copies to date

Reviews

- 'Exploring well-known proverbs, their origins, meanings and relevance to life today, this is a fun and fascinating book to dip into, written by an author with a neat sense of humour' - *Choice Magazine*
- 'Explores the origins of common proverbs and sayings, examining whether they really do hold true' - *Daily Mirror*

Author Biography

Caroline Taggart is the bestselling author of *I Used to Know That* and, in the same series, *A Classical Education* and *An Apple a Day*. She also co-wrote *My Grammar and I (or should that be 'Me'?)*. Her other books include *Her Ladyship's Guide to the Queen's English*, *The Book of English Place Names* and *The Book of London Place Names*.

She also appears frequently on radio and TV giving her opinion on such subjects as whether or not there should be an apostrophe in Druids Cross and, if so, where it should go.