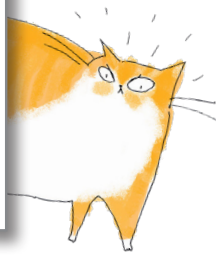


LIFE LESSONS I LEARNED FROM MY CAT

Illustrated by Jamie Shelman

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LOM Art



Calling all cat lovers! It's time to curl up with the art of Jamie Shelman and celebrate our favourite feline friends. They may have nine lives but there is so much cats can teach us about getting the most out of the one we have. Whether it's advice for *purrfecting* your downtime, navigating romance, friendships or your career, this book features **100 essential lessons** to help you through the ups and downs of life, such as:

NEVER LET ANYONE DRESS YOU
ONLY EAT WHAT YOU WANT
THE BEST SOLUTION TO A PROBLEM IS A NAP
WALK WITH (C)ATTITUDE
PURRFECT YOUR POKER FACE

So, put down your self-help book and pick up your cat. It's time to learn from the life guru you never knew you had.

JAMIE SHELMAN is an artist and illustrator with a passion for fat cats and good design. She has a degree in Painting from The Rhode Island School of Design (RISD) and currently lives in Baltimore, US. She runs her own online stationery and print shop called The Dancing Cat. Her whimsical and unique cat designs are regularly seen on cards throughout gift shops in the UK and US (including Paperchase and Etsy). The neighbour's cat acts as her local muse, waiting at the window every morning to be let in, and then out, and then back in again.

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