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RACHAEL BLAND was a Welsh journalist and broadcaster, best known for presenting the news on BBC Radio 5 Live and BBC1’s North West Tonight. She also founded and presented the number one podcast, You, Me and the Big C. She sadly died in September 2018 and leaves behind her husband, Steve, and their son, Freddie.

FOR FREDDIE
A Mother’s Final Gift to Her Son

In 2016, beloved broadcaster and journalist Rachael Bland was diagnosed with cancer. Shortly afterwards, she made the brave decision to share her story through her blog and podcast, You, Me and the Big C. Having been told that she only had a matter of months left to live and writing this in what were sadly her final days, Rachael brings her warmth and courage to the page in this heartwarming and heartbreaking story. This is Rachael’s legacy and an incredible final gift to her son.

- A portion of the proceeds will be donated to Breast Cancer Now, a registered charity in England and Wales (no. 1160558)
- Rachael’s honesty and openness will be an inspiration to many women and support them – and their families – through the challenges of cancer
- Includes moving contributions from Richard Bacon, Tony Livesey, Emma Barnett, Shelagh Fogarty, Mark Pougatch, Chris Stark and Dermot O’Leary, among others

RACHAEL BLAND was a Welsh journalist and broadcaster, best known for presenting the news on BBC Radio 5 Live and BBC1’s North West Tonight. She also founded and presented the number one podcast, You, Me and the Big C. She sadly died in September 2018 and leaves behind her husband, Steve, and their son, Freddie.

‘Rachael’s courage, grace and dignity in the last months of her life speaks volumes. Through her bravery and honesty, she is an inspiration to us all.’

DERMOT O’LEARY
EVERYTHING THAT MAKES US HUMAN
Case Notes of a Children’s Brain Surgeon

JAY JAYAMOHAN

Making life and death decisions is a daily task for Consultant Paediatric Neurosurgeon Jay Jayamohan. Every day, desperate parents put all their faith in him to make their sick children well again and though he is proud of his successes, he is haunted by every failure. Jayamohan is known not only for his skill in surgery but also for his human touch, and that humanity comes over loud and clear in this gripping and sometimes heartrending memoir.

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- Compassionate, frank and revelatory, it portrays a man faced daily with terrible and potentially devastating decisions, but driven to save as many children’s lives as possible

JAY JAYAMOHAN is a Consultant Paediatric Neurosurgeon at the John Radcliffe Hospital, Oxford, and an Honorary Senior Clinical Lecturer at Oxford. He has been the star of two highly acclaimed BBC fly-on-the-wall documentary series following the work of neurosurgeons.

CLOSE TO WHERE THE HEART GIVES OUT
A Year in the Life of an Orkney Doctor

MALCOLM ALEXANDER

Set in the wild and remote landscape of Eday, part of the Orkney archipelago, Close to Where the Heart Gives Out is the moving tale of rural life from the only doctor on the island. Malcolm Alexander’s journey evokes the awe that the Orkney landscape can inspire, as well as the challenges of island life. In stories that range from the humorous to the deeply moving, Malcolm describes what it means to be providing the best medical care to the local population with limited resources. Which often includes the wildlife as well …

- Beautifully written memoir which crosses over into a number of successful genres, including medical stories and nature writing
- Orkney has just been voted ‘The Best Place to Live in the UK’ by the Halifax Quality of Life Survey

DR MALCOLM ALEXANDER graduated from Edinburgh University in 1980 with the single thought of becoming a GP. Life had other plans, and he became Medical Director for the Orkney Health Board, finishing his career working for NHS 24, before finally returning to GP practice on the isle of Eday.

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• Contains a new chapter on Craig’s latest adventures

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HELLO MAGAZINE

‘Gripping’
NEW! MAGAZINE

CRAIG REVEL HORWOOD is a critically acclaimed dancer, director and choreographer, as well as an accomplished artist. He has been on the judging panel of BBC’s Strictly Come Dancing since it began.

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• The perfect companion to the biopic of Dusty, releasing in autumn 2019 and starring Gemma Arterton
• A five-star rated book which has never been published in ebook or audio

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TIME OUT

LUCY O’BRIEN has been a music writer since the 1980s, contributing to a range of titles including NME, Q, Mojo, The Sunday Times and the Guardian. She is also a broadcaster for TV and radio.

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INDEPENDENT

ANDREW MORTON is one of the world’s best-known biographers and a leading authority on modern celebrity as well as royalty. His other international bestsellers include Meghan: A Hollywood Princess and Wallis in Love: The Untold True Passion of the Duchess of Windsor.
SOMEBODY’S MOTHER, SOMEBODY’S DAUGHTER

True Stories from Victims and Survivors of the Yorkshire Ripper

CAROL ANN LEE

Peter Sutcliffe, the Yorkshire Ripper, is currently serving twenty concurrent sentences for the murder of thirteen women and attempting to murder seven others. Hard-hitting and heartbreaking, the previously untold stories of the victims of the Yorkshire Ripper and their families shed new light on a case that still grips the nation.

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NEW

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DR NICOLA TALLIS is a British historian and researcher. Her previous books, Crown of Blood and Elizabeth’s Rival, were published to wide praise.

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JACOB F. FIELD is a historian and writer. He is the author of One Bloody Thing After Another, We Shall Fight on the Beaches, and D-Day in Numbers. He is currently a research associate at the University of Cambridge.
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is a writer of fiction, non-fiction, plays and prize-winning children’s books, and is the author of Solve It Like Sherlock, also published by Michael O’Mara Books.
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JACKY HYAMS is an author whose previous books include the bestselling The Female Few: Spitfire Heroines of the Air Transport Auxiliary and Bomb Girls: Britain’s Secret Army.

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CAROLINE TAGGART was an editor for thirty years before writing the Sunday Times bestseller I Used to Know That. Since then she has written a number of bestselling books about words and English usage, including 500 Words You Should Know.

JOSEPH PIERCY is a freelance writer. He holds a Master of Philosophy degree in English Studies and is the author of several books, including The 25 Rules of Grammar and 1000 Words to Expand Your Vocabulary.

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MICHAEL SANDERS is Chief Scientist and Head of Research, Evaluation and Social Action at the Behavioural Insights Team.

SUSANNAH HUME is an Associate Director at King’s College London, and former Principal Research Advisor at the Behavioural Insights Team.

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CATHERINE DE LANGE is a science journalist, editor and multimedia producer. She is Biomedical Features Editor at New Scientist.

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EMMA MITCHELL is a popular naturalist, designer-maker and illustrator. She has a degree in zoology from the University of Cambridge, a monthly column in BBC Countryfile magazine and is one of the Guardian’s country diarists. She records her daily nature finds with photographs and illustrations on her Instagram account (@silverpebble2).

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MATT ALLEN is an award-winning music and sports journalist and author whose work has appeared in Q, Mojo, Kerrang!, Esquire, GQ, the Guardian, and the Daily Telegraph among others. He has also co-authored several Sunday Times bestsellers.

BY ORDER OF THE PEAKY BLINDERS

The Official Companion to the Hit TV Series

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**MIKE DIVER** is a British music and videogame journalist, and is the author of *Indie Games: The Complete Introduction to Indie Gaming*. He has edited *Clash* magazine’s website, contributed to several magazines including *NME*, *Kerrang!, Drowned in Sound*, *Vice* and *Edge*, and has appeared on radio shows for the BBC and Xfm.

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**ALISON BENJAMIN** is a journalist and author. She works as an editor at the *Guardian* and writes books about bees with husband *BRIAN MCCALLUM* and together they founded Urban Bees. Brian is a professional beekeeper and former government bee inspector. He has hives on office rooftops across London and an apiary in Regents Park that makes honey.

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EMMA BLOCK is an illustrator living in London, working across publishing, packaging and branding. Emma teaches sell-out watercolour, gouache and brush lettering workshops in London. She has worked with a number of brands, including Harrods, Selfridges, Stylist, Orla Keily and Mollie Makes among others.

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