



Picture Me

A Journal to Get Life Sorted

Cindy Wilde

Keynote

An aspirational, fill-in journal for children to record their dreams and goals, inspired by bullet journaling.

Description

An aspirational, fill-in journal for children to record their dreams and goals, inspired by bullet journaling.

Lots of people find information easier to understand and more fun in pictures and infographics, from emoticons in a text message to lesson timetables and fundraising charts.

This book shows children how to set themselves goals, get organised and keep track. Whether it is a virtual bookshelf of books to read or a year wheel to remember important birthdays, they can find out how to make the most of pictures and images.

Children can compile healthy snack ideas, make note of inspirational people, build up a grid picture of moods over a whole year, and much more.

The beautiful infographic illustrations make this a fun and visual journal that makes tracking life fun and helps keep children focused.

Sales Points

- This book shows children how to set themselves goals, get organised and keep track
- Whether it is a virtual bookshelf of books to read or a year wheel to remember important birthdays, they can find out how to make the most of pictures and images
- Beautiful infographic illustrations make this a fun and visual journal that makes tracking life fun and helps keep children focused
- Inspired by bullet journaling
- Help children connect with mindfulness and wellbeing

Author Biography

Cindy Wilde makes simple, joyful, quirky designs using bold graphic shapes and blocks of flat colour combined with areas of intricate pattern. All the elements within her work are made by hand using acrylic paint, indian ink and simple print techniques. They are then cut and reassembled to create the final piece.

Michael O'Mara.

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