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Michael O'Mara.

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The Cooks' Book

Age-old advice and tips for the kitchen

Louise Dixon

Description

Whether you want to get back to basics, throw away the ready-meals and cook some traditional tasties, or you are simply interested in studying the old tried-and-tested methods used in the good old days, *The Cooks' Book* has the wisdom and advice of the trained chef at your disposal. This book is a treasure trove of information that will bring out the best in everyone in the kitchen. From advice on food hygiene, handling and preparation to techniques and tricks to help your bread rise and your pies taste just like Grandma made them. Also includes, old, new - and some surprising - uses for store cupboard staples, some tips and tricks for successful jams, preserves and pickles and important storage and reheating advice at your fingertips. This is the perfect gift for anyone with culinary aspirations.

Sales Points

- Aspiring chefs will love this miscellany, packed full of tips and tricks that focus on the basic skills and principles of cookery
- Containing a wealth of wisdom on everything from the six most celebrated salads and how to make the four classic sauces to foods you can forage for and the various cuts of meat
- A celebration of traditional food and cooking methods, bringing back the good old days for chefs of any level of expertise

Reviews

- 'A fun book for any fan of cooking... an attractive gift for your favourite foodie.' - *The Daily Mail*