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The Little Book of Senior Moments

Shelley Klein

Description

For those who have trouble remembering their best friend's name and have difficulty putting on matching socks in the morning, help is at hand in this pocket-sized guide to dealing with your dotage. If you are among the many people afflicted by senior moments, those mental blips that are liable to waylay us at the most inconvenient times, let *The Little Book of Senior Moments* be your guide.

Sales Points

- A new format edition of the entertaining and uplifting pocket-sized guide to dealing with your dotage taken from the bestselling *The Book of Senior Moments*
- Packed full of tips, anecdotes and advice to help you cope with those senior moments
- Humorous and insightful, this little book is the perfect gift for friends and family alike
- Part of the bestselling 'Senior Moments' series which has sold over 480,000 copies to date