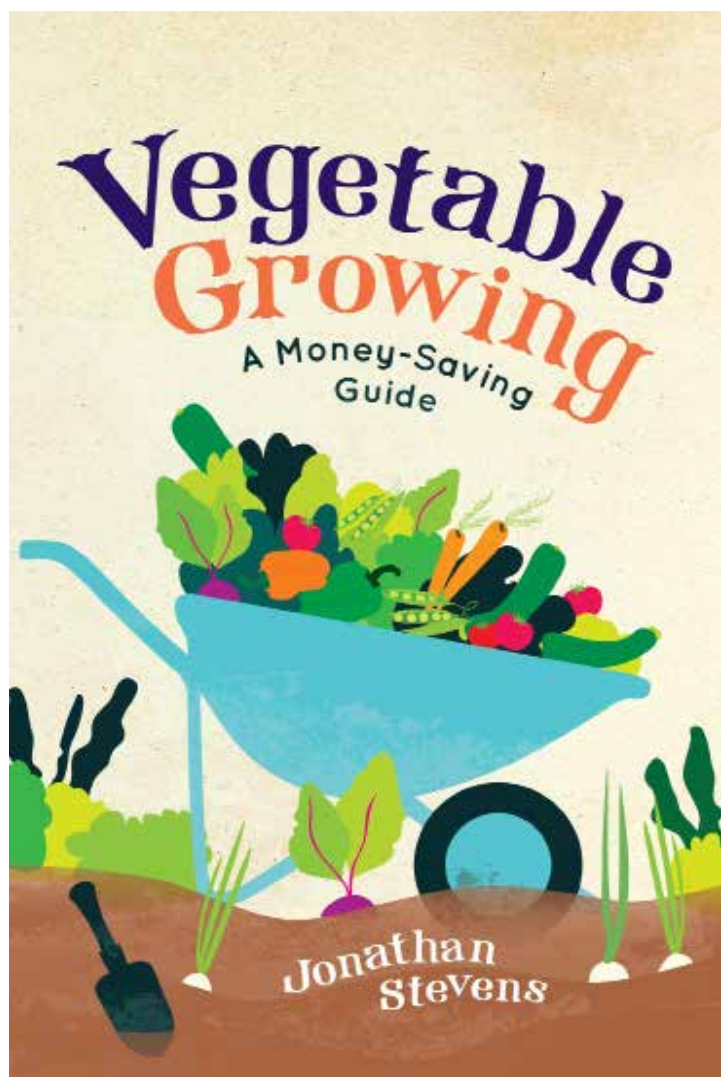


# Vegetable Growing

## A Money-Saving Guide



### Jonathan Stevens

Michael O'Mara Books

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£8.99 | Paperback

A brief, invaluable guide to the art of growing vegetables around the year and saving money in the process.

Vegetable Growing is a practical guide to frugal allotmenting, including planning your plot, looking after the plants and practical tips for keeping your costs down, such as clever ways of making freebie alternatives to common growing tools.

An additional handy section offers advice on which fruit and veg will save you the most money, as well as a season-by-season guide and ideas for boosting your savings with foraged and wild food.

About the author...

**Jonathan Stevens** embarked on a mission to find out how much he could save by growing his own fruit and vegetables on a half-sized allotment plot. He has now been gardening for over ten years and runs the successful blog *Real Men Sow*.

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